

2019 Annual Conference Nemacolin Woodlands Resort August 29-30, 2019



2019 Annual Conference | Nemacolin Woodlands Resort | August 29-30, 2019



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Dear Colleagues:

Welcome to the 40th Annual Southwestern Pennsylvania Organization of Nurse Leaders Education Conference! The theme of our conference this year is "Celebrating 40 Years of Excellence in Nursing Leadership".

The ever-changing landscape of healthcare effects nursing leaders as they manage complex environments. While most change can be positive, it can also be challenging. With that in mind, the SWPONL Education and Membership Committees have created an outstanding agenda designed to support your leadership, to elevate your passion for nursing excellence, quality, and to educate you in

new safety practices. During the conference, there will be many opportunities to learn about how well nurse leaders thrive in challenging times, and how resilience and passion truly compliment the healthcare industry thanks to all of you.

We are excited to present a variety of topics! From optimizing personal leadership, knowledge and passion; flourishing in times of change; patient safety and quality; to much more, you can engage in discussion with an amazing panel of expert nurse leaders who will share their best practices and learned experiences applicable to successful nursing leadership.

In addition to the conference speakers, you will not want to miss the opportunity to browse the collection of poster presentations and an impressive exhibit hall. These are always the highlights of the conference! The sponsors and exhibitors are generous in their support of this conference and we are eternally grateful. Please take some time to thank them for their support and interact with them throughout the conference.

The networking event continues to be one of the highlights of the conference, where you can connect with other nurse leaders in the region. Part of building the foundation for expert nursing leadership and resiliency is bonding with others – and this is a fantastic opportunity to connect.

I look forward to seeing you in August and thank you for attending!

Sincerely,

Jacqueline Collavo, MA, BSN, RN, NE-BC Chair, SWPONL

SWPONL Mission

To support the professional development of nurse leaders through collaboration, advocacy and education.

SWPONL Vision

To position nurse leaders to influence the future of healthcare in Southwestern Pennsylvania.



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In Recognition of Dedication in the Planning of the 2019 SWPONL Conference



Chair, Education Committee Deborah Vehec, MSN, RN Manager of Special Programs Vitalant



Denise Abernethy, MSN, RN, CEN **Clinical Director UPMC St. Margaret**



Diane Cancilla, MSN, RN, NEA-BC Unit Director Radiology UPMC Children's Hospital of Pittsburgh



Regina Davin, RN, MSN Associate Nurse Executive Washington Health System



Louise Dobbins, BSN, MHA, FACHE Director, Hospital Operations AHN Allegheny General Hospital



Jacqueline Drahos, MSN, RN **Unit Director UPMC Jameson**



Laura Fennimore, DNP, RN, NEA-BC Professor University of Pittsburgh



Lauren Gorman, MSN, RN Unit Director Adult ICU Magee Women's Hospital of UPMC



Lisa A. Manni, MSN, RN, NEA-BC **Director of Nursing UPMC** Passavant



Chair, Membership Committee Michele Carlson, MSN, RN, CPN, NEA-BC Director, Acute Clinical Services UPMC Children's Hospital of Pittsburgh



Robin Myers, MSN, CRNP **Advanced Clinical Education Specialist UPMC Mercy**



Michele Prior, MSN, RN Advanced Practice Nurse AHN Allegheny General Hospital



Ashley Singh, DNPC, MSN, RN Faculty, Critical Care Chatham University



Aimee L. Skrtich, DNP, RN, CCRN, NE-BC Clinical Program Director **UPMC**



Shelley Watters, DNP, RN, NE-BC Director, Cultural Excellence **UPMC** Presbyterian Shadyside



Robin Weaver, PhD, RN, CNE Coordinator RN-BSN Program California University of Pennsylvania



Rebecca Weiss. MSN, RN-BC, CCRN-K Programmatic Nurse Specialist **UPMC** Shadyside



Linda R. Mason Conference Project Manager **SWPONL**



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Conference Details

Anniversary Recognition / Honor a Nurse Program

In celebration of the 40th Anniversary Conference - there is an opportunity to personalize a message in the Final Conference Program to congratulate SWPONL on this milestone celebration. Honor a nurse, or recognize a colleague. Submissions must be received by August 1, 2019. <u>Click here</u> for more information and to submit.

Opening Keynote Session

Following the presentation by Donna Cardillo, the opening keynote speaker, she will facilitate a roundtable discussion amongst all the attendees to delve into the topic more and to share specific program examples to learn from each other.

Panel Session

This will be an exciting panel talk with speakers from major institutions in the area on how leadership development has changed over the past 40 years and what is essential for nurse leaders for the future. There will be an opportunity for questions and answers with the audience.

Posters

In addition to the outstanding speakers in the program, you will have the opportunity to browse a fantastic collection of poster presentations displayed throughout the Conference. The poster authors will be available for discussion during the breaks as noted in the program. This year there will be CEU's offered for the poster session, as well.

Exhibits

Please visit and support our sponsors and exhibitors in the exhibit hall during the conference. They help to support this important educational activity for SWPONL and this time provides an opportunity for attendees and companies to interact personally.

Resort Activities

SWPONL attendees receive a 10% special discount on resort activities. Please make your reservations in advance to take advantage of this offer.

Conference Registration and Fees

Take advantage of the registration discount and register early!

FULL CONFERENCE RATES	Before August 1	After August 1
SWPONL Active Member	\$375	\$425
*Non-Member	\$500	\$550
Student	\$300	\$325
ONE DAY CONFERENCE RATES		
SWPONL Active Member	\$225	Conference Registration
*Non-Member	\$300	
Student	\$175	

Check payments – please mail the payment with the invoice to SWPONL, 461 Cochran Road, Box 246, Pittsburgh, PA 15228. If you have any questions, please contact us at 412-344-1414 or at swponl@gmail.com. Cancellations must be received in writing. A \$50 cancellation fee will be deducted up to August 1, 2019. No refunds can be made after August 1st for cancellations.



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Conference Program

Wednesday, August 28, 2019

3:00PM - 8:00PM Early Registration, Preview Basket Raffle, and Photos

Thursday, August 29, 2019

7:00AM – 8:30AM Registration, Continental Breakfast, Visit Exhibitors, Posters, and Raffle

8:30AM – 8:45AM Welcome, Opening Remarks / SWPONL Chair Welcome

Deb Vehec, MSN, RN
Manager of Special Programs
Bone Marrow Donor Coordinator
Vitalant

Pittsburgh, Pennsylvania

Jacqueline Collavo, MA, BSN, RN, NE-BC

SWPONL Chair Chief Nursing Officer AHN West Penn Hospital Pittsburgh, Pennsylvania

8:45AM – 10:15AM Opening Keynote: Passionate Leadership – Soaring to New Heights

Donna Cardillo, RN, MA, CSP, FAAN

The Inspiration Nurse

Author: Falling Together-How to Find Balance, Joy, and Meaningful

Change When Your Life Seems to be Falling Apart

Sea Girt, New Jersey



10:15AM - 10:45AM Refreshment Break, Visit Exhibits, Posters, and Raffle

Poster Authors (even numbered posters) will be available at their posters for discussion, questions and answers.

10:45AM - 11:45AM Leadership Resilience - Why Self Care is a Core Leadership Competency

Brenda Nevidjon, MSN, RN, FAAN Chief Executive Officer Oncology Nursing Society

Pittsburgh, Pennsylvania





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Thursday, August 29, 2019 (continued)

11:45AM - 12:45PM Anniversary Luncheon and Networking

12:45PM – 1:30PM Activating Change: Using Motivational Interviewing and Coaching

in Nurse Leadership

Amanda Gabarda, EdD, MPH, NBC-HWC Director, Clinical Training and Development

UPMC Health Plan

Pittsburgh, Pennsylvania

1:30PM - 2:00PM Dessert Break, Visit Exhibits, Posters and Raffle

Poster Authors (odd numbered posters) will be available at their posters

for discussion, questions and answers.

2:00PM – 3:00PM The Lessons Learned from the "Patient Safety" Black Box

Holly M. Hampe, D.Sc., RN, MHA, MRM

Program Director
Assistant Professor

Health Service Administration

Robert Morris University

Pittsburgh, Pennsylvania

3:00PM – 6:30PM Free Time to Enjoy the Resort

SWPONL attendees receive a 10% special discount on resort activities.

Please make your reservations in advance to take advantage of this offer.

6:30PM – 8:00PM Networking Reception

Enjoy the evening with friends and colleagues featuring a new addition of a photo booth and photographer to help capture new memories. The reception is an ideal time

to network and to celebrate this milestone anniversary year. This special event is

included in the registration and all are welcome!

Continuing Education Credits

The Southwestern Pennsylvania Organization of Nurse Leaders and the University of Pittsburgh School of Nursing are jointly providing this educational activity. Nurses participating in the conference and completing the evaluation tool may be awarded a maximum of eight (8) continuing education hours. The University of Pittsburgh School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.





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Friday, August 30, 2019

7:15AM – 8:30AM Registration, Continental Breakfast, Visit Exhibitors, Posters, and Raffle

8:30AM – 9:00AM SWPONL Updates, Recognitions and Passing of the Gavel

Jacqueline Collavo, MA, BSN, RN, NE-BC

SWPONL Chair Chief Nursing Officer AHN West Penn Hospital Pittsburgh, Pennsylvania



9:00AM - 10:00AM Keynote: Preparing for the Future - Prospering With Inclusive Workplaces

John Lasky

Vice President and Chief Human Resources Officer

Temple University Health System

Philadelphia, Pennsylvania



10:00AM - 10:30AM Refreshment Break, Visit Exhibits, Posters and Raffle

Raffle closes at 10:30AM – last chance to buy tickets!

Program Continues on Next Page

2019 Conference Objectives

- Explore passionate leadership developing solutions for leaders to soar to new heights
- Examine motivational interviewing techniques for use with patients, customers, and staff in facilitating change and effective coaching
- Exploring the past 40 years of nursing and implementing said knowledge towards the future of the profession
- · Identifying resilient leadership skills that optimize personal and team performances



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10:30AM - 11:45AM Expert Panel: How Leadership Development for Nurse Leaders Has Changed and What is Essential for Nurse Leaders for the Future

Moderator:

Laura Fennimore, DNP, RN, NEA-BC Professor, University of Pittsburgh Pittsburgh, Pennsylvania



Panel:

Helen Burns, PhD, RN, FAAN
Senior Vice President/Chief Nursing Officer
Excela Health
Pittsburgh, Pennsylvania



Mary Ellen Glasgow, PhD, RN, ANEF, FAAN
Dean and Professor
School of Nursing
Duquesne University
Pittsburgh, Pennsylvania



Maribeth McLaughlin RN, BSN, MPM
Interim CNO, VP, Patient Care Services, UPMC Magee-Women's Hospital VP of Operations, UPMC Magee-Women's Hospital VP Women's Health Services, UPMC Pittsburgh, Pennsylvania



Gail A. Wolf, RN, PhD, FAAN Professor (retired) University of Pittsburgh Pittsburgh, Pennsylvania



Claire Zangerle, DNP, MSN, MBA, RN, FAONL, NEA-BC
Past Chair, SWPONL
Chief Nurse Executive
Allegheny Health Network
Pittsburgh, Pennsylvania



Program Continues on Next Page



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11:45AM - 12:15PM Closing Keynote - Nursing Leadership in Nursing Practice: Your Influence Matters

Claire Zangerle, DNP, MSN, MBA, RN, FAONL, NEA-BC Past Chair, SWPONL Chief Nurse Executive Allegheny Health Network Pittsburgh, Pennsylvania



12:15PM – 12:45PM Announcement of Poster Winners, Gift Baskets, and Giveaways

12:45PM – 1:00PM Thank You's and Conference Adjournment





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Conference Venue

SWPONL's 40th Annual Educational Conference will be held once again at Nemacolin Woodlands Resort due to popular demand. Located in Farmington, Pennsylvania, Nemacolin has the best of both worlds: meeting rooms that allow attendees to engage fully in the educational sessions and an array of activities to enjoy at attendees' leisure.

This luxury resort on 2,000 wooded acres is one of only six hotels and resorts in the world to host Forbes Five-Star, AAA Five-Diamond lodging and dining. In addition to the internationally acclaimed Woodlands Spa, the resort offers 36-holes of championship golf on two courses – the Pete Dye designed, PGA-tested Mystic Rock, and the traditional Links Course, Nemacolin Field Club. which features the Shooting Academy, an outdoor sporting facility on 140 acres complete with 30-stations, wing shooting, a spacious lodge, and fly fishing. Nemacolin Woodlands Resort offers guests so many options that it is often referred to as a "2,000 acre-resort playground"! Visit www.nemacolin.com for a complete list of available activities.

Nemacolin Woodlands Resort 1001 Lafayette Drive Farmington, PA 15437 Phone: 724-329-8555

Check-in: 4:00 pm / Check-out: 11:00 am

SWPONL Group Conference Room Rates

The Lodge: \$180 Single/Double plus taxes

Chateau Lafayette: \$210 Single/Double plus taxes

Reservations Phone: 1-800-422-2736

Group code: 1045NP



All reservations must be received by July 29, 2019 to ensure you get the discounted rate. Rooms and the special conference rate and room availability cannot be guaranteed after the cut-off date.

Hotel Reservations

Special Offerings for SWPONL Conference Attendees

- Group room rate extended 3 days prior / 3 days after the conference for SWPONL attendees.
- Waived resort fee for SWPONL Conference attendees.
- Discount of 10% on activities for all SWPONL conference attendees must be pre-planned to take advantage of this discount by calling 1-866-344-6957.
- Complimentary WiFi access in the meeting rooms and in the guest rooms.

Resort Deadlines / Refunds

No refunds can be made for hotel cancellations made after August 1, 2019 or for no-shows.



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Thank You to the 2019 SWPONL Officers & Board of Directors



Chair

Jacqueline Collavo, MA, BSN, RN, NE-BC

AHN West Penn Hospital



Past Chair
Claire Zangerle, DNP, MSN, MBA, RN,
FAONL, NEA-BC
Allegheny Health Network



Chair Elect

Jill Larkin, RN, MSN, MBA, DNP, CMQ/OE

UPMC, Center of Nursing Excellence



Secretary/Treasurer

Heather Ambrose, DNP, RN, NEA-BC,
CENP, CPN

UPMC Presbyterian Shadyside



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At-Large Board Member
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UPMC Altoona



At-Large Board MemberLouise Dobbins, BSN, MHA, FACHE
AHN Allegheny General Hospital



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At-Large Board Member *Jacqueline Drahos, MSN, RN*UPMC Jameson



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At-Large Board Member *Dawn Klejka, DNP(c), MSN, RN*UPMC East



Emerging Leader

Edward C. Schatz V, MSN, MBA, CCRN, RN

AHN West Penn Hospital



At-Large Board Member *Lynn Kosar, MSN, RN, NEA-BC*AHN Forbes Hospital



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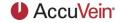


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